


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: C/L - Care Lounge C/R - Craft Room T/R - Theatre Room G/R - Games Room D/R - Dining Room HD/R - High Dining Room PD/R - Private Dining Room		1 9:30 Shop Rutherford 11:00 Exercises (C/L) 1:15 Movie at Woodgrove 1:30 Swimming 3:00 Scrabble (3rd floor) 7:30 Sing - Along	2 9:30 Doctor's, Bank Trip 11:00 Exercises (C/L) 11:15 Catholic Mass (C/R) 11:30 Pub Lunch at the "Black Bear" 1:30 Tuck Shop 2:00 Drive with Care 7:00 Cruiseship sightseeing	3 9:30 Computer Lessons 10:00 Dog Visitors 11:00 Exercises (C/L) 11:00 Credit Union 1:30 Shop at Woodgrove 1:30 Seamstress 7:00 Cribbage	4 Blue Jeans Day 10:00 Active Minds (C/L) 11:00 Exercises (C/L) 1:30 Tuck Shop 2:00 Bazaar Work Party 7:00 Movie "Back To Bountiful"	5 9:30 Coffee & News(C/L) 11:00 Exercises (C/L) 2:30 Opera Ole with Tatiana 7:00 Travel Video:
6 2:30 Bridge 2:30 Drive 6:45 Bingo (C/L)	7 9:30 Coffee & News 11:00 Exercises (C/L) 1:30 Tuck Shop 2:00 Walking Group 7:00 Cribbage (C/L)	8 9:30 Shop at Country Club 11:00 Exercises (C/L) 1:30 Computer Lessons 1:30 Swimming 2:00 3rd floor meeting 3:00 Scrabble (3rd floor) 7:00 New Release Movie 7:15 Reading Group	9 9:30 Doctor's, Bank Trip 11:00 Exercises (C/L) 11:15 Catholic Mass (C/R) 1:30 Art Group 1:30 Tuck Shop 2:00 Casino 3:00 Anglican Communion 7:00 Bingo	10 9:30 Computer Lessons 10:00 Library Trip 10:00 Dog Visitors 11:00 Exercises (C/L) 11:00 Royal Bank 1:30 Shop at Rutherford 1:30 Seamstress 7:00 Cribbage	11 10:00 Active Minds (C/L) 10:00 E&N Rail Trip 11:00 Exercises (C/L) 1:30 Tuck Shop 7:00 Movie: "Around the world in 80 days"	12 9:30 Coffee & News(C/L) 11:00 Exercises (C/L) 2:00 Downtown Nanaimo & Old City Quarter 7:00 Travel Video:
13 2:30 Bridge 2:30 Drive 6:45 Bingo (C/L)	14 Thanksgiving Day 11:00 Exercises (C/L) 1:30 Tuck Shop  7:00 Cribbage (C/L)	15 9:30 Shop at Woodgrove 11:00 Exercises (C/L) 1:30 Computer Lessons 1:30 Swimming 2:00 2nd floor meeting 3:00 Scrabble (3rd floor) 5:00 Dinner at Kelsey's 7:30 Sing - Along	16 9:00 Reflexology Treatment 9:30 Doctor's, Bank Trip 11:15 Catholic Mass (C/R) 1:30 Tuck Shop 2:30 October B-Day Party with Roy Ashman 7:00 Bingo (C/L)	17 9:30 Computer Lessons 10:00 Dog Visitors (C/R) 11:00 Credit Union 1:30 Island Hearing 1:30 Shop at Country Club 1:30 Seamstress 7:00 Cribbage (C/L)	18 10:00 Active Minds (C/L) 11:00 Exercises (C/L) 1:30 Tuck Shop 2:00 Bazaar Work Party 7:00 Movie: "The Trouble with Harry"	19 9:30 Coffee & News(C/L) 11:00 Exercises (C/L) 2:00 Nanaimo Museum (Dolls) 7:00 Travel Video:
20 2:30 Bridge 2:30 Drive 6:45 Bingo (C/L)	21 9:30 Coffee & News(C/L) 10:30 Presbyterian Service 11:00 Exercises (C/L) 1:30 Tuck Shop 2:00 Quilted Duck & Kimberlee's Dress Shop 7:00 Cribbage	22 9:30 Shop at Rutherford 11:00 Exercises (C/L) 1:30 Computer Lessons 1:30 Swimming 3:00 Scrabble (3rd floor) 7:00 New Release Movie 7:15 Penny Rolling	23 9:30 Doctor's, Bank Trip 11:00 Exercises (C/L) 11:15 Catholic Mass (C/R) 1:30 Tuck Shop 1:30 Art Group 2:00 Casino 3:00 Anglican Communion 7:00 Bingo (C/L)	24 9:30 Computer Lessons 10:00 Dog Visitors (C/R) 11:00 Royal Bank 11:00 Exercises (C/L) 1:30 Shop at Woodgrove 1:30 Seamstress 1:30 Dr. Pistone 7:00 Cribbage (C/L)	25 10:00 Active Minds (C/L) 11:00 Exercises (C/L) 1:30 Tuck Shop 2:00 Bazaar Work Party 7:00 Movie: "Saving Grace"	26 9:30 Coffee & News(C/L) 11:00 Exercises (C/L) 2:00 Drive to Cathedral Grove 7:00 Travel Video
Daylight Savings Time Ends 27 2:30 Bridge 2:30 Salvation Army Service 6:45 Bingo (C/L)	28 9:30 Coffee & News(C/L) 11:00 Exercises (C/L) 1:30 Tuck Shop 2:00 Walking Group 3:30 Browser Reading 7:00 Cribbage	29 9:30 Shop at Country Club 11:00 Exercises (C/L) 1:30 Computer Lessons 1:30 Swimming 2:00 Compile & Deliver Browser 3:00 Scrabble (3rd floor) 7:30 Sing - Along	30 9:30 Doctor's, Bank Trip 11:00 Exercises (C/L) 11:15 Catholic Mass (C/R) 1:30 Tuck Shop 2:30 Halloween Concert with the Bowen Park Entertainers 7:00 Bingo (C/L)	31 Halloween 9:30 Computer Lessons 10:00 Library Trip 10:00 Dog Visitors 11:00 Exercises (C/L) 11:00 Credit Union 1:30 Shop at Rutherford 7:00 Cribbage 