
























October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Berwick House	LEGEND: MAIN LOUNGE - M/L SOCIAL LOUNGE - S/L CARD ROOM - C/R LIBRARY - LIB. DINING ROOM - D/R READING ROOM - R/R LOWER LEVEL - L/L HAIR SALON - H/S	1 Swim/Water Exercises 9:40 Bank Trip 10:00 Exercises (S/L) 11:00 Mayfair Mall 1:30 Reading the Hi-Lites (S/L) 2 Slide Show by Sarah (S/L) 7:00 Rummoli (R/R) 7:00	2 Name-Tag Day! Communion (Lib) 9:30 Exercises (S/L) 11:00 Men's Lunch out at "Spinnackers" 12:00 Video: National Geographic "Return to Everest" (S/L) 2:00 Social Bridge (S/L) 7:00	3 Swim/Water Exercises 9:40 Art Class (L/L) 10:00 Tai Chi (S/L) 11:00 Seamstress (H/S) 1:30-2:30 Social Bridge (C/R) 2:00 Bazaar Preparation (S/L) 2 Bingo (S/L) 7:00	4 Coffee & News (S/L) 9:30 Exercises (S/L) 11:00 Oktoberfest Celebration 2:30  Bridge (C/R) 7:00 Movie (S/L) 7:00	5 Coffee & News (S/L) 9:30 Exercise (S/L) 11:00 Drive along the Victoria Waterfront 1:45 Rummoli (R/R) 7:00 Music Program: DVORAK (M/L) 7:00 
6	7	8	9	10	11	12
Active Minds (Library) 2:00 Church Service with Mark Underhill (Library) 3:00 Bingo (S/L) 7:00 	Coffee & News (S/L) 9:30 University Hgts 10:00 Exercises (S/L) 11:00 Concert by the Juan de Fuca Singers (D/R) 2:00 Curent Affairs with Carla (Library) 7:00	8 Swim/Water Exercises 9:40 Exercises (S/L) 11:00 Hillside Mall 1:30 Concert at the Conservatory of Music "Impressions of Place" 7:15 (\$8.00) Rummoli (R/R) 7:00 	9 Communion (Lib) 9:30 Residents Council 9:30 Clothing Sale - Co-Co's Clothes to You (M/L) 10:00 Exercises (S/L) 11:00 Sing Along with Bill (S/L) 2 Japanese Tea (D/R) 3:00 Social Bridge (S/L) 7:00	10 Swim/Water Exercises 9:40 Art Class (L/L) 10:00 Library 10:00 Tai Chi (S/L) 11:00 Social Bridge (C/R) 2:00 Fall Tea @ Metchosin Community Centre 1:30 (\$4) Bingo (S/L) 7:00	11 Coffee & News (S/L) 9:30 Exercises (S/L) 11:00 Bazaar Preparation (S/L) 2:00 Island Hearing (C/R) 3:45 Bridge (C/R) 7:00 Movie (S/L) 7:00 	12 Coffee & News (S/L) 9:30 Exercises (S/L) 11:00 Lunch out at The Swiss Resturant 12:00 Rummoli (R/R) 7:00 Music Program: Romantic Piano Favourites (M/L) 7:00 
13	14	15	16	17	18	19
University Hgts. 1:30 Active Minds (Library) 2:00 Church Service with Clive & Carmel Loader (Library) 3:00 Bingo (S/L) 7:00 	THANKSGIVING!  Exercises (S/L) 11:00 Poetry & Stories with Vincent Holmes (Library) 2:00	15 Swim/Water Exercises 9:40 Bank Trip 10:00 Exercises (S/L) 11:00 Tillicum Mall 1:30 Video: "La Cenerentola" by the Houston Grand Opera (S/L) 6:45 Rummoli (R/R) 7:00	16 Name-Tag Day! Communion (Lib) 9:30 Exercises (S/L) 11:00 UVic Speaker topic to be announced (S/L) 2:00 Planning the Nov. Calendar (C/R) 3:00 Social Bridge (S/L) 7:00	17 Swim/Water Exercise 9:40 Art Class (L/L) 10:00 Tai Chi (S/L) 11:00 Seamstress (H/S) 1:30-2:30 Social Bridge (C/R) 2:00 Bazaar Preparation (S/L) 2:00 Bingo (S/L) 7:00	18 Coffee & News (S/L) 9:30 Exercises (S/L) 11:00 Skin Care Seminar by Shoppers Drug Mart (S/L) 2:00 Social Hour (D/R) 3:00 Bridge (C/R) 7:00 Movie (S/L) 7:00 	19 Coffee & News (S/L) 9:30 Exercise (S/L) 11:00 Drive to Brentwood and area 1:45 Rummoli (R/R) 7:00 Music Program: TCHAIKOVSKY (M/L) 7:00 
20	21	22	23	24	25	26
Active Minds (Library) 2:00 Church Service with Rev. Brian Shields (Social Lounge) 3:00 Bingo (S/L) 7:00 	Coffee & News (S/L) 9:30 University Hgts 10:00 Exercises (S/L) 11:00 Resident Meetings (Back Section D/R) 12:45 Knitting Group (L/L) 3:00 Current Affairs with Carla (Library) 7:00	22 Swim/Water Exercises 9:40 Exercises (S/L) 11:00 Resident Meetings (Front Section D/R) 12:45 Mayfair Mall 1:30 Oct. Birthday Tea (D/R) 2:00 Slide Show by Molly Phillips (S/L) 7:00	23 Name-Tag Day! Communion (Lib) 9:30 Trip to Chemainus "The Heiress" 10:30 Exercises (S/L) 11:00 Resident Meetings (Side Section D/R) 12:45 Sing-Along w Lyn (S/L) 2:15 Social Bridge (S/L) 7:00	24 Swim/Water Exercise 9:40 Art Class (L/L) 10:00 Tai Chi (S/L) 11:00 Social Bridge (C/R) 2:00 Clothing Show by "Weekender" (S/L) 2:00 Bingo (S/L) 7:00 	25 Coffee & News (S/L) 9:30 Exercises (S/L) 11:00 Bazaar Preparation (S/L) 1:30 Bridge (C/R) 7:00 Movie (S/L) 7:00 	26 Lunch for All 11:30 Annual Fall Bazaar 1:00 - 3:30 Tea starting at 1:30 (D/R) Music Program: HAYDEN & MOZART (M/L) 7:00 Rummoli (R/R) 7:00 
27	28	29	30	31	October is National "Popcorn" Month!	
TIME CHANGE ONE HOUR BACK  University Hgts. 1:30 Active Minds (Lib) 2:00 Church Service with Catherine & Madeleine (Library) 3:00 Bingo (S/L) 7:00	Coffee & News (S/L) 9:30 Shelbourne Plaza 10:00 Exercises (S/L) 11:00 Podiatrist (H/S) 1:00 - 5:00  Mystery Drive 1:45 	29 Swim/Water Exercises 9:40 Bank Trip 10:00 Exercises (S/L) 11:00 Hillside Mall 1:30 Purdy's Ordering (C/R) 3:00 Halloween Bingo (S/L) 7:00 Rummoli (R/R) 7:00 	30 Name-Tag Day! Flu Shots (C/R) 9:00 Communion (Lib) 9:30 Exercises (S/L) 11:00 Sing-Along with Lyn (S/L) 2:15 Social Bridge (S/L) 7:00 	31 HALLOWEEN Swim/Water Exercise 9:40 Art Class (L/L) 10:00 Tai Chi (S/L) 11:00 Seamstress (H/S) 1:30-2:30 Oct. Birthday/Costume Party w/ Larry Rittenhouse (D/R) 3:00 Bingo (S/L) 7:00	October is National "Popcorn" Month!  Oct. 9 - "Leif Erikson Day" - this day celebrates the discovery of North America in 1000 by Erikson, a Norse explorer! Oct. 12 - "Day of Spanish Consciousness" - This day is a national holiday honoring Christopher Columbus and other Spanish conquerors of Latin America	